

## **Syllabus Physiology 1<sup>st</sup> M.B.B.S. ( From August 2019)**

(Competency based Undergraduate curriculum for the Indian Medical Graduate, 2018.

Vol. 1; page no.91-104)

### **Early clinical exposure(hours)- 30**

#### **Total(hours) -506**

- (1) Lectures (hours)-161
- (2) Self directed learning (hours)- Teaching hours 28
- (3) Small group teachings/tutorials/Integrated teaching/Practical's (hours)-317

<b>Competency No.</b>	<b>Topics &amp; subtopics</b>
<b>1.General Physiology</b>	
PY. 1.1	Structure and Functions of a Mammalian Cell
PY. 1.2	Principles of Homeostasis
PY. 1.3	Intercellular communication
PY. 1.4	Apoptosis – Programmed cell death
PY. 1.5	Transport mechanisms across cell membranes
PY. 1.6	Fluid compartment of the body, its ionic composition & measurements
PY. 1.7	Concept of pH & Buffer systems in the body
PY. 1.8	Molecular basis of resting membrane potential and action potential in excitable tissue
PY. 1.9	Methods used to demonstrate the functions of the cells and its products, its communication and their applications in Clinical care and research.
<b>2.Hematology</b>	
PY. 2.1	Composition & functions of blood components
PY. 2.2	Original, forms, variations and functions of plasma proteins
PY. 2.3	Synthesis and functions of Hemoglobin & explain its breakdown. Describe variants of hemoglobin
PY. 2.4	RBC formation (erythropoiesis & its regulation) and its functions
PY. 2.5	Types of anaemias & Jaundice
PY. 2.6	WBC formation (granulopoiesis) & its regulation
PY. 2.7	Formation of platelets, functions & variations
PY. 2.8	Physiological basis of hemostasis and anticoagulants. Describe bleeding & clotting disorders (Hemophilia, purpura)
PY. 2.9	Different blood groups and clinical importance of blood grouping, blood banking and transfusion
PY. 2.10	Types of immunity , development of immunity and its regulation
PY. 2.11	Estimation Hb, RBC, TLC, RBC indices, DLC, Blood group, BT/CT
PY. 2.12	Tests for ESR, Osmotic fragility, Hematocrit , findings and interpretation of test results etc

PY. 2.13	Steps for reticulocyte and platelet count
<b>3.Nerve and Muscle Physiology</b>	
PY. 3.1	Structure and functions of a neuron and neuroglia; Nerve Growth Factor & other growth factors/cytokines
PY. 3.2	Types, functions & properties of nerve fibers
PY. 3.3	Degeneration and regeneration in Peripheral nerves
PY. 3.4	Structure neuro-muscular junction and transmission of impulses
PY. 3.5	Action of neuro-muscular blocking agents
PY. 3.6	Pathophysiology of Myasthenia gravis
PY. 3.7	Types of muscle fibres and their structure
PY. 3.8	Action potential and its properties in different muscle types (skeletal & smooth)
PY. 3.9	Molecular basis of muscle contraction in skeletal and in smooth muscles
PY. 3.10	Mode of muscle contraction (isometric and isotonic)
PY. 3.11	Energy source and muscle metabolism
PY. 3.12	Gradation of muscular activity
PY. 3.13	Muscular dystrophy: myopathies
PY. 3.14	Ergography
PY. 3.15	Effect of mild, moderate and severe exercise and changes in cardiorespiratory parameters
PY. 3.16	Harvard Step test and impact on induced physiologic parameters in a simulated environment
PY. 3.17	Strength-duration curve
PY. 3.18	Computer assisted learning (i) amphibian nerve – muscle experiments (ii) amphibian cardiac experiments
<b>4.Gastro-intestinal Physiology</b>	
PY. 4.1	Structure and functions of digestive system
PY. 4.2	Composition, mechanism of secretion, functions, and regulation of saliva, gastric, pancreatic, intestinal, juices and bile secretion
PY. 4.3	GIT movements, regulation and functions , defecation reflex. Role of dietary fibre.
PY. 4.4	Physiology of digestion and absorption of nutrients
PY. 4.5	Source of GIT hormones, their regulation and functions
PY. 4.6	Gut-Brain Axis
PY. 4.7	Structure and functions of liver and gall bladder
PY. 4.8	Gastric function tests, pancreatic exocrine function test & liver function tests
PY. 4.9	Physiology aspects of; peptic ulcer, gastro- oesophageal reflux disease, vomiting, diarrhea , constipation, Adynamic ileus, Hirschsprung's disease
PY. 4.10	Clinical examination of the abdomen in a normal volunteer or simulated environment
<b>5.Cardiovascular Physiology (CVS)</b>	
PY. 5.1	Functional anatomy of heart including chambers sounds; and Pacemaker tissue and conducting system.
PY. 5.2	Properties of cardiac muscle including its morphology, electrical,mechanical and metabolic functions

PY. 5.3	Events occurring during the cardiac cycle
PY. 5.4	Generation, conduction of cardiac impulse
PY. 5.5	Physiology of electrocardiogram (E.C.G.), its applications and the cardiac axis
PY. 5.6	Abnormal ECG, arrhythmias, heart block and myocardial infarction.
PY. 5.7	Haemodynamics of circulatory system
PY. 5.8	Local and systemic cardiovascular regulatory mechanisms
PY. 5.9	Factors affecting heart rate, regulation of cardiac output & blood pressure
PY. 5.10	Regional circulation including microcirculation, lymphatic, coronary, cerebral, capillary, Skin, foetal, pulmonary and splanchnic circulation
PY. 5.11	Patho-physiology of shock, syncope and heart failure
PY. 5.12	Blood pressure & pulse recording at rest and in different grades of exercise and postures in a volunteer or simulated environment
PY. 5.13	Record and interpret normal ECG in a volunteer or simulated environment
PY. 5.14	Cardiovascular autonomic function tests in a volunteer or simulated environment
PY. 5.15	Clinical examination of the cardiovascular system in a normal volunteer or simulated environment
PY. 5.16	Recording Arterial pulse tracing using finger plethysmography in a volunteer or simulated environment
<b>6.Respiratory Physiology</b>	
PY. 6.1	Functional anatomy of respiratory tract
PY. 6.2	Mechanics of normal respiration, pressure changes during ventilation, lung volume and capacities, alveolar surface tension, compliance, airway resistance, ventilation, V/P ratio, diffusion capacity of lungs
PY. 6.3	Transport of respiratory gases: Oxygen and Carbon dioxide Regulation of respiration -- Neural & chemical
PY. 6.4	Physiology of high altitude deep sea diving
PY. 6.5	Principles of artificial respiration oxygen therapy, acclimatization and decompression sickness
PY. 6.6	Pathophysiology of dyspnea, hypoxia, cyanosis asphyxia; drowning, periodic breathing
PY. 6.7	Lung function tests & their clinical significance
PY. 6.8	Technique to perform & interpret Spirometry
PY. 6.9	Examination of the respiratory system in a normal volunteer or simulated environment
PY. 6.10	Technique to perform measurement of peak expiratory flow rate in a normal volunteer or simulated environment
<b>7.Renal Physiology</b>	
PY. 7.1	Structure and function of kidney
PY. 7.2	Structure and functions of juxta glomerular apparatus and role of renin-angiotensin system
PY. 7.3	Mechanism of urine formation and processes involved
PY. 7.4	Significance & implication of Renal clearance
PY. 7.5	Renal regulation of fluid and electrolytes & acid-base balance

PY. 7.6	Innervations of urinary bladder, physiology of micturition and its abnormalities
PY. 7.7	Artificial kidney, dialysis and renal transplantation
PY. 7.8	Renal Function Tests
PY. 7.9	Cystometry and discuss the normal cystometrogram
<b>8.Endocrine Physiology</b>	
PY. 8.1	Physiology of bone and calcium metabolism
PY. 8.2	Synthesis, secretion, transport, physiological actions, regulation and effects of altered (hypo and hyper) secretion of pituitary gland, thyroid gland, parathyroid gland, adrenal gland, pancreas and hypothalamus
PY. 8.3	Physiology of Thymus & Pineal Gland
PY. 8.4	Function tests: Thyroid gland; Adrenal cortex, Adrenal medulla and pancreas
PY. 8.5	Metabolic and endocrine consequences of obesity & metabolic syndrome, Stress response. Outline the psychiatry component pertaining to metabolic syndrome
PY. 8.6	Mechanism of action of steroid, protein and amine hormones
<b>9.Reproductive Physiology</b>	
PY. 9.1	Sex determination; sex differentiation and their abnormalities and outline psychiatry and practical implementation of sex determination
PY. 9.2	Puberty: onset, progression, states; early and delayed puberty and outline adolescent clinical and psychological association
PY. 9.3	Male reproductive system: functions of testis and control of spermatogenesis & factors modifying it and outline its association with psychiatric illness
PY. 9.4	Female reproductive system: (a) functions of ovary and its control; (b) menstrual cycle – hormonal, uterine and ovarian changes
PY. 9.5	Physiological effects of sex hormones
PY. 9.6	Contraceptive methods for male and female. Discuss their advantages & disadvantages
PY. 9.7	Effects of removal of gonads on physiological functions
PY. 9.8	Physiology of pregnancy, parturition & lactation and outline the psychology and psychiatry-disorders associated with it
PY. 9.9	Interpret a normal semen analysis report including (a) sperm count, (b) sperm morphology and (c) sperm motility, as per WHO guidelines and discuss the result
PY. 9.10	Physiological basis of various pregnancy tests
PY. 9.11	Hormonal changes and their effects during perimenopause and menopause
PY. 9.12	Common causes of infertility in a couple and role of IVF in managing a case of infertility
<b>10.Neurophysiology</b>	
PY. 10.1	Organization of nervous system
PY. 10.2	Functions and properties of synapse, reflex, receptors
PY. 10.3	Somatic sensations & sensory tracts
PY. 10.4	Motor tracts, mechanism of maintenance of tone, control of body movements, posture and equilibrium & vestibular apparatus
PY. 10.5	Structure and functions of reticular activating system, autonomic nervous system

	(ANS)
PY. 10.6	Spinal cord, its functions, lesion & sensory disturbances
PY. 10.7	Functions of cerebral cortex, basal ganglia thalamus, hypothalamus. Cerebellum and limbic system and their abnormalities
PY. 10.8	Behavioural and EEG characteristics during sleep and mechanism responsible for its production
PY. 10.9	Physiological basis of memory, learning and speech
PY. 10.10	Chemical transmission in the nervous system. (Outline the psychiatry element)
PY. 10.11	Clinical examination of the nervous system: Higher functions, sensory system, motor system, reflexes, cranial nerves in a normal volunteer or simulated environment
PY. 10.12	Normal EEG forms
PY. 10.13	Perception of smell and taste sensation
PY. 10.14	Patho-physiology of altered smell and taste sensation
PY. 10.15	Functional anatomy of ear and auditory pathways & physiology of hearing
PY. 10.16	Pathophysiology of deafness. Hearing tests
PY. 10.17	Functional anatomy of eye, physiology of image formation, physiology of vision including colour vision, refractive errors, colour blindness, physiology of pupil and light reflex
PY. 10.18	Physiological basis of lesion in visual pathway
PY. 10.19	Auditory & visual evoke potentials
PY. 10.20	(i) Testing of visual acuity, colour and field of vision and (ii) hearing (iii) Testing for smell and (iv) taste sensation in volunteer/ simulated environment
<b>11.Integrated Physiology</b>	
PY. 11.1	Mechanism of temperature regulation
PY. 11.2	Adaptation to altered temperature (heat and cold)
PY. 11.3	Mechanism of fever, cold injuries and heat stroke
PY. 11.4	Cardio-respiratory and metabolic adjustment during exercise; physical training effects
PY. 11.5	Physiological consequences of sedentary lifestyle
PY. 11.6	Physiology of Infancy
PY. 11.7	Physiology of aging; free radicals and antioxidants
PY. 11.8	Cardio-respiratory changes in exercise (isometric and isotonic) with that in the resting state and under different environmental conditions (heat and cold)
PY. 11.9	Interpretation of growth charts
PY. 11.10	Interpretation of anthropometric assessment of infants
PY. 11.11	Concept, criteria for diagnosis of Brain death and its implications
PY. 11.12	Physiological effects of meditation
PY. 11.13	History taking and general examination in the volunteer / simulated environment
PY. 11.14	Basic Life Support in a simulated environment